

Development of Maths skills

# International Cookery



Day: **MONDAY** Time: **9:30** 9.30 to 12.30 at **Good Food Matters**  
**Mickleham Way, Croydon CRO OPN**

## Who is this course for?

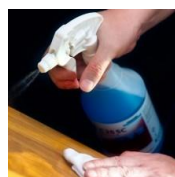
This course is for learners who would like to cook and create delicious dishes from all over the world, making anything from Italian delights to classic British favourites



## What will I learn?

You will learn how to:

- Make tasty and traditional dishes from all over the world
- Learn about different cultures, new ingredients and dishes that will tickle your taste buds
- Develop your cooking skills and confidence in the kitchen
- Cook fun and tasty dishes you can share with friends and family
- Be safe and hygienic in the kitchen



- Evaluate your dish and discuss with the group

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### How will this course benefit me?

You will:

- Become more confident and adventurous in the kitchen
- Expand your knowledge of foods from all over the world
- Realise how cooking can be fun, exciting and relaxing
- Build friendships with other learners



### Entry Requirements

To be considered for this course you must be able to:

- Work with sharp knives and equipment safely
- Have experience of using the hob and oven



- Follow 2 steps of a recipe independently
- **You must bring these every week -**



Folder



Apron



Tea Towel



Ingredients

