



Development of English Skills

Know Yourself and Stay Safe

Day:  Time:  10 to 12 at  Strand House

Who is this course for?

This course is for learners who want to develop and improve their ability to live independently

What will I learn?

You will learn how to:

- Keep yourself safe in your home and local community



- Deal with problems in daily life



You will meet members of the Police, Fire Service and British Red Cross who will give you advice on how to live safely.



Development of English Skills

How will this course benefit me?

You will develop:

- Your ability to communicate your feelings using appropriate words and body language



- Your awareness of dangers in life and how to deal with them
- Your skills in emergency first aid
- Your self-confidence through role play
- Friendships with other learners and have fun

Entry requirements

To be considered for this course you must be able to:

- Work towards Entry 2 English



- Commit to come to class on time each week
- You must bring a folder and a pen every week

